

PROBUS CLUB OF HYDERABAD

President: RK Bajaj ; Vice President: R. Vijaya Lakshmi
Secretary: CSY Sankara Rao; Jt. Secretary: Aditi Mukherjee ; Treasurer: P. Jayaprada
Committee Members: M.Chidambara Rao; Dr. N. Raghupathi Rao; Aruna T
Immediate Past President: Dr. RHG Rau; Immediate Past Secretary: Kamal Sukhija
Editorial Team: Dr. R.H.G.Rau, Aditi Mukherjee, P. Jayaprada

VOLUME NO. XXVI; 2023–24; ISSUE NO.10; January 2024; DATE 31-1-2024

1. TRUE SPIRIT OF SANKRANTI

In the true spirit of Sankranti, also called Makar Sankranti, Bihu, Pongal, Lohri and Uttarayan, the Nation celebrated during Jan 14-16, this year's first harvest with kite flying, travels to their native towns and villages, and with a sumptuous meal, symbolizing new beginnings.



SANKRANTI GREETINGS TO ALL PROBIANS WORLD OVER!

2. EVENTS OF THE MONTH

LATE Pr. R. BHASKARA RAO: A TRIBUTE

Pr. R. Bhaskara Rao, a Centenarian among us, left for his Heavenly Abode on January 26, 2024. He was a foundation member of Probus Club of Hyderabad, and its 6th President.







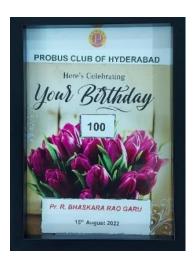
Born on 15th August 1923, Pr. RB Rao held M.Sc., (Andhra University), F.R.S.A. (London), F.C.S (London) and F.S.E.I degrees. He had Advanced Training in Baking Technology at Leeds University, UK. He retired as Technical Director of Britannia Biscuit Company in 1980, after serving for 31 years.

After Retirement, he started a Small Scale Unit called Uttam Biscuit Co. in 1980 in Hyderabad and was Chairman & Managing Director, employing 300 workers. He published a number of Technical Papers connected with Baking Industry and travelled extensively in UK, Europe, USA, Canada, South East Asia. He was associated with many organizations such as: Madras Management Association, CFTRI Mysore, Visiting Professor of Jadavpur University, Calcutta. He was President of the Indian Bakers Association during 1975–77.

He received several awards and honours. Prominent ones are: Entrepreneur of the Year Award – 1987 by Hyderabad Management Association, Distinguished Leadership Award –1999 by American Biographical Institute, USA, Udyog Ratna Award in 1998 by the Institute of Economic Studies, New Delhi, National Productivity Award in 2004. He was Rotarian for over 60 years, President of Rotary Club of Hyderabad North during 1986 -87, President of Probus Club of Hyderabad during 2004-05. He was active in Promoting Education & Cultural Activities in Calcutta and Bombay for the benefit of Telugu people living outside Andhra Pradesh. Institute of Standards Engineers conferred on Pr. Bhaskara Rao Honorary Fellowship, the highest award of the Institute.

He was blessed with son Late R. Arun Kumar Rao and two daughters, sons -in - law, grandchildren and great grandchildren.

As he entered his 100th year, PCH greeted him at his residence on 15th August 2022.



MC MEETING OF JAN 2024

Managing Committee Met in virtual mode on 12th Jan 2024 and deliberated on a few key issues, including election of New Committees and Office Bearers for the year 2024-25. Presided over by Pr. RK Bajaj, the following decisions were taken.

- 1. For deciding on New Committees, a Search Committee was formed with Pr. RK Bajaj Current President, Pr. Dr. RHG Rau Immediate Past president, and Pr. Kumar T as Members. To complete their task by end Feb 2024. Their first meeting is scheduled on Sunday 4th Feb 2024.
- 2. Pr. Ramakrishna will meet with Pr. KVK soon and complete collecting, compiling and archiving past PCH material. Pr. Dr. Rau will assist him with the recent material collected by him while framing up the contents of PCH Silver Jubilee Souvenir.
- 3. PCH activities for the year 2024-25 will be decided by the New Committees.
- 4. With many of our members getting relatively aged, with increasingly limited mobility, President requested that all members should accelerate their efforts in New Membership Drive.
- 5. Pr. Dr. Rau said that he has been editing PCH News letter from Jan 2015, and it is time that someone takes over this responsibility. A few names were considered and the MC wanted that he should continue till new persons are selected for this important activity of our Club.

RMM OF JAN 2024

The Regular Monthly Meeting of January 2024 was held at Hotel The Plaza on Sunday the 28th, between 10.30 am- 1.30 pm. The meeting was attended by 16 members. President Pr. RK Bajaj chaired the meeting assisted by Pr. Aditi Mukherjee, Joint Secretary.



Highlights of the meeting:

- Members stood for a minute in silence in memory of late Pr. RB Rao.
- Pr. Dr. RHG Rau and Pr. M. Chidambara Rao spoke a few words on the departed Probian.
- Felicitation and Caring session was conducted by Pr. P. Jayaprada:

HAPPY BIRTHDAY TO PROBLANS:

Vijaya Lakshmi Gowd: 2nd January; PV Subba Rao: 3rd January; Janaki C: 8th January; Vijaya Sudhakar: 21st January; Kalpana Subba Rao: 23rd January; Dr. Manohar Kumar: 25th January; Nanda Mukherjee: 26th January; Romi Sukhija: 31st January.

WEDDING ANNIVERSARY OF PROBLANS:

Azhar Ahsan & Nooshie: 21st January.

The felicitation ended with blowing the candles specially arranged for the event. Everyone wished the celebrants health and happiness.



- In the following Open Session, knowledge-sharing was the focal point. Pr. Ravi M gave a few examples on the application of Artificial Intelligence, Pr. MA Zaheer talked about impact of mind over body, Pr. Dr. Raghupathi Rao spoke on medical interpretation of mind's functioning, Pr. M.Chidambara Rao spoke on how his family is fulfilling his desires at his advanced age, Pr. Dr. RHG Rau highlighted how Scientific Temper is getting propelled to gigantic heights, such as Chandravan-3, in India.
- Later, the participants moved for lunch at the Hotel.

3. FOR FREE TIME READ

THE 7 RULES IN LIFE:

7 Rules of Life

- Make peace with your past so it won't disturb your present.
- What other people think of you is none of your business.
- Time heals almost everything. Give it time.
- No one is in charge of your happiness, except you.
- Don't compare your life to others and don't judge them, you have no idea what their journey is all about.
- Stop thinking too much. It's alright not to know the answers.
- Smile.You don't own all the problems in the world.

A HAIKU POEM:

"In a world of Grief and pain,
Flowers bloom – even then."
....... Issa, Japanese Poet (1763-1828)

4. FOR MENTAL STIMULATION

A: Anagram Fun:

It is scientifically proven through new and powerful imaging techniques that exercises like Puzzle-solving can generate new Neurons, the new nerve cells in brain, independent of age. Try to solve the following games on Word Anagrams:

- a. Rearrange the letters in each word to produce a two-word phrase:
 - i. Theater
 - ii. Bather
 - iii. Doggish
 - iv. Eventful
- b. Make either a new word or a new phrase from the given phrase or sentence:
 - i. Elvis, listen!
 - ii. Secret ID
 - iii. Claim us
 - iv. More nasty notes

EDITORIAL



Dear Friends,

From now on, we all miss Pr. R. Bhaskara Rao among us. He made immense contribution to our Club's Formation as a Foundation Member, through his stewardship as our President during 2004-05, and continued support over years. We extend our sympathies to their distinguished family members.

We are grateful to Pr. RN Mital for his decision to continue contributing to our monthly Newsletters, in spite of his indifferent health at 98. His Episode 19 will be a highlight in our Feb 2024 Newsletter.

Wishing all, including the global readership of our Newsletters, a great year ahead,

With Regards,

Dr. R.H.G.Rau 31st January, 2024